

40 oz. On The Border Chicken Fajita Kit

NUTRITION FACTS

Serving Size: 1 fajita (113g)

Servings Per Container: 10

Amount Per Serving

Calories 170

Calories from Fat 30

% Daily Value *

Total Fat 3.5g

5%

Saturated Fat 1g

4%

Trans Fat 0g

Cholesterol 20mg

7%

Sodium 340mg

14%

Total Carbohydrate 24g

8%

Dietary Fiber 2g

6%

Sugars 2g

Protein 11g

Vitamin A

6%

Vitamin C

35%

Calcium

2%

Iron

10%

* Percent Daily Values (DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		Calories	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS:

Vegetable Portion: Onions, Red Bell peppers, Green Bell Peppers, Seasoning [Encapsulated Salt (Salt, Partially Hydrogenated Soybean Oil), Garlic*, Hydrolyzed Corn, Wheat, and Soy Protein, Sugar, Spices, Onion*, Caramel Color, Malic Acid]. **Tortilla Portion:** [Bleached Enriched Flour (Niacin, Reduced Iron, Thiamine, Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour, Water, Shortening (Partially Hydrogenated Soybean Oil, Partially Hydrogenated Palm Oil with Mono & Diglycerides), Leavening (Sodium Bicarbonate, Monocalcium Phosphate, Sodium Acid Pyrophosphate, Sodium Aluminum Sulfate, Sodium Aluminum Phosphate, Wheat Starch), Salt, Fumaric Acid, Mono & Diglycerides, Sodium Stearoyl Lactylate, Cellulose Fiber, Xanthan gum, Guar Gum, Sorbic Acid (mold inhibitor), Enzymes, Sodium Metabisulfite (dough conditioner)]. **Cooked Seasoned Chicken Breast Portion:** Boneless Chicken Breast, Water, less the 2% of the following: Salt, Maltodextrin, Spices, Garlic*, Modified Food Starch (Potato), Sodium Phosphate, Soybean Oil, Polysorbate 80, Xanthan Gum.

Contains Soy and Wheat Ingredients.

*Dehydrated